

90 Essential Minerals

60 Minerals

Aluminum, Arsenic, Barium, Beryllium, Boron, Bromine, Calcium, Carbon, Cerium, Cesium, Chloride, Chromium, Cobalt, Copper, Dysprosium, Erbium, Europium, Gadolinium, Gallium, Germanium, Gold, Hafnium, Holmium, Hydrogen, Iodine, Iron, Lanthanum, Lithium, Lutetium, Magnesium, Manganese, Molybdenum, Neodymium, Nickel, Niobium, Nitrogen, Oxygen, Phosphorus, Potassium, Praseodymium, Rhenium, Rubidium, Samarium, Scandium, Selenium, Silica, Silver, Sodium, Strontium, Sulfur, Tantalum, Terbium, Thulium, Tin, Titanium, Vanadium, Ytterbium, Yttrium, Zinc, Zirconium

2-3 Essential Fatty Acids

Omega 3, Omega 6, Omega 9

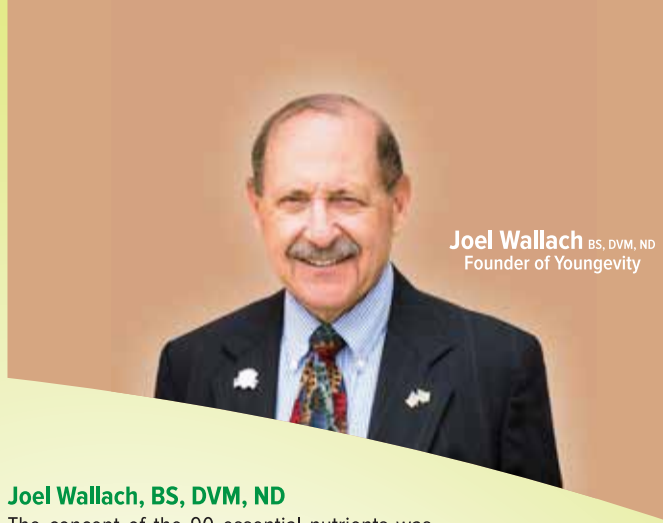
16 Vitamins

Vitamin A, Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Vitamin B12, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Biotin, Choline, Flavonoids (Bioflavonoids), Folic Acid, Inositol

12 Amino Acids

Arginine, Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Taurine, Threonine, Tryptophan, Tyrosine, Valine

Give yourself the best nutrition you can,
and let the healing be done by
the greatest physician of all...
Your own body!



Joel Wallach BS, DVM, ND
Founder of Youngevity

Joel Wallach, BS, DVM, ND

The concept of the 90 essential nutrients was developed by Dr. Joel Wallach, founder of Youngevity®. A pioneer in biomedical research, Dr. Wallach spent nearly twenty years in the field of Veterinary Medicine, observing and researching the effects of individual nutrients in animal health, before becoming a Naturalistic Physician in 1982. Today, he is renowned for his groundbreaking research on the health benefits of Selenium and other minerals. He is the recipient of the prestigious 2011 Klaus Schwarz Commemorative Medal, which recognizes the work of pioneers in the field of trace element research.

First Amendment Advocate

Dr. Wallach currently dedicates his time to lecturing throughout the world on the therapeutic benefits of vitamins and minerals, and on lobbying the U.S. Food and Drug Administration on behalf of the dietary supplement industry. His tireless efforts and dedication to the public's First Amendment rights to complete information on the therapeutic benefits of nutrition prompted the FDA to establish Qualified Health Claims for Selenium and Omega-3 Essential Fatty Acids. Only a few Qualified Health Claims exist, placing Youngevity® in a unique position among Dietary Supplement and Direct Marketing companies.

For more information please contact:



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Youngevity

**HEALTHY
BODY PAK™**



The Foundation of Good Health

HEALTHY BODY START PAK™ 2.0



Beyond Tangy Tangerine® 2.0

This proprietary multi-vitamin/mineral complex contains our famous Majestic Earth® Plant Derived Minerals™ blended with fruits and vegetables to provide comprehensive and balanced support for the entire body's nutritional needs.* Shellfish Allergen-Free.



Beyond Osteo-fx™

Beyond Osteo-fx™ complements the nutrients profile of Beyond Tangy Tangerine® and is formulated to target the body's physical framework. Beyond Osteo-fx™ offers enhanced support for strong bones and healthy joints.* Shellfish Allergen-Free.



Ultimate EFA Plus™

Strong scientific evidence has documented the beneficial effects of essential fatty acids, from heart health to cognition to eye health. Ultimate EFA Plus™ goes further by offering a truly balanced formula that includes Omega 3, 6, and 9 fatty acids.*

"Every man, woman and child needs 90 essential nutrients just to survive, much less to thrive. To put the odds in your favor to live as long as possible, with the highest possible quality of life, you must get these nutrients every day."

True health and wellness is only possible if it radiates from a solid, fundamentally- sound center. Although the human body's systems are complex and multi- dimensional, there exists a core group of 90 essential nutrients that have the greatest influence in support of vibrant health.

These 90 essential nutrients are at the very center of Youngevity's **90 For Life™** campaign which is committed to improving lives through science-based, high-quality nutrition.

The 90 essential nutrients form the foundation for Youngevity's signature **Healthy Body Start Pak™**, a set of supplements specially selected for their excellent nutrient content, quality and efficacy. It includes Beyond Tangy Tangerine®, Beyond Osteo-fx™, and Ultimate EFA Plus™. Individually, each product targets specific areas, needs, and nutritional deficiencies of the body. However, *their combined nutrients - including the 90 essential nutrients and beyond - work synergistically to support the body's total fundamental needs.**

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

