

Supplement Facts

Serving Size: 1 Soft Gel

Servings per Container: 90

	Amount per Serving	% RENE*
Calories	12	T
Calories from Fat	11	T
Total Fat	1 g	2%
Saturated Fat	<1 g	<1%
Polyunsaturated Fat	<1 g	T
Monounsaturated Fat	<1 g	T
Cholesterol	3 mg	1%
Total Omega	827 mg	T
<u>Typical Average Fatty Acid Profile</u>		
Alpha Linolenic Acid (ALA) Omega 3	300 mg	T
Linoleic Acid (LA) Omega 6	103 mg	T
Oleic Acid (OA) Omega 9	120 mg	T
Gamma Linolenic Acid (GLA)	19 mg	T
Eicosapentaenoic Acid (EPA)	171 mg	T
Docosahexaenoic Acid (DHA)	114 mg	T

* RENE values are based on Males 19-29 years old,

T % RENE not established.

OTHER INGREDIENTS: Fish Oil (Anchovy, Sardines, and/or Pollock), Organic Flax Seed Oil, Gelatin, Glycerin, Borage Seed Oil, Purified Water, Sunflower Oil, Mixed Tocopherols.